

Holy Spirit Parish Family

November 28, 2021 — 1st Sunday of Advent



OUR MISSION:

We, the community of Holy Spirit Parish, centered in the Eucharist, and guided by the Holy Spirit, will use our shared wisdom to be a joyful, accepting and forgiving community. We encourage all to grow in the Catholic faith by teaching and proclaiming the Gospel, serving others and praising God.

DECEMBER BULLETIN DEADLINES

Sunday, Dec. 19th—due Friday, Dec. 10th
Sunday, Dec. 26th—due Thursday, Dec. 16th

PARISH OFFICE

3130 Parkwood Lane
Maryland Heights, MO 63043
Website: www.holyspiritstl.org
Phone: 314-739-0230
E-mail: parish@holyspiritstl.org
Fax: 314-739-0237

PARISH OFFICE SUMMER HOURS

Monday to Friday
8:30am to 4:30pm

PARISH STAFF

Fr. Bob Evans, Pastor.....Ext. 103
revans@holyspiritstl.org
Fr. Jerry Meier, In Residence.....Ext. 112
jmeier@holyspiritstl.org
Deacon Jim DeNatale
deaconjim@holyspiritstl.org
Deacon Scott Kaufman
deaconsconfig@holyspiritstl.org

Donna Eisenbath, Youth Minister
.....314-954-1326
deisenbath@holyspiritstl.org
Jim Essner, Business Mgr.....Ext. 104
jessner@holyspiritstl.org
Linda Farhat, CRE/Pastoral Assoc.
.....Ext. 108
lfarhat@holyspiritstl.org
Katie Koberlein, Principal.....739-1934
kkoberlein@holyspiritstl.org
Marilyn O'Neill, Director of Music.
.....Ext. 107
moneill@holyspiritstl.org
John Honey, Maintenance
Julie Spinner, Parish & PSR Secretary
.....Ext. 101
jspinner@holyspiritstl.org
Mary Saputo, Parish Secretary Ext. 102
msaputo@holyspiritstl.org

Faith in Action, (Call the Parish Office)
Prayer Chain —
prayerchain@holyspiritstl.org
HandS.....314-739-9796
Stephen Ministry
.....314-739-0230 ext. 130

SCHOOL

(K-8 & PRE-SCHOOL & PREK INFORMATION)

3120 Parkwood Lane
Maryland Heights, MO 63043
Phone: 314-739-1934
Fax: 314-739-7703
Kate Ayres, School Secretary,
kayres@holyspiritstl.org

PARISH ANNEX

3111 Parkwood Lane,
Maryland Heights, MO 63043,
Pre-School, Pre-K.....314-739-5020

WHAT'S HAPPENING

MASS SCHEDULE

Monday thru Wednesday.....6:30am
 Thursday and Friday.....8:00am
 Holy Days Consult bulletin
 Saturday:8:00am and 5:00pm (Vigil)
 Sunday: 7:30am, 9:00am, and 11:00am

CONFESSIONS

Saturday 4:00 to 4:45pm or by appointment

EUCCHARISTIC CHAPEL HOURS

Weekdays: 12am to 6am and 9am to 12 midnight.
Saturdays: 12am to 7am
 Chapel will close at 7am Saturday until 9am Monday.
Holy Days: Please consult the bulletin.

EUCCHARISTIC EXPOSITION

Suspended until Further Notice

BAPTISMS

Baptism Class for parents/godparents is normally held on the first Monday of the month at 7 PM in the Church. To register for the meeting and/or to arrange for a baptism, call the Parish Office.

MARRIAGE

Couples planning marriage contact the pastor at least six months in advance.

COMMUNION CALLS

Please call the Parish Office to request Communion if someone is unable to attend Church.

HOSPITAL VISITS

Please notify the Parish Office concerning hospitalization.

REGISTRATION

New parishioners may register at Parish Office or download a registration form, www.holyspiritstl.org. New information e.g. address, phone numbers or moving from the parish, please call Parish Office.

BULLETIN INFORMATION

Please submit information for the bulletin by Noon TWO Fridays before publication. Include name, daytime phone number of person submitting information, and group name. Items can be e-mailed to msaputo@holyspiritstl.org.

OFFERTORY COLLECTIONS

Stewardship for November 8-14, 2021

Sunday Envelopes	\$14,569.00
Loose Collection	\$ 465.00
Online Donations	\$ 3,507.00
Total	\$ 18,541.00
Weekly Budget	\$ 20,190.38
Weekly Surplus (shortfall)	\$ (1,649.39)

Retired Religious	HandS	Parish Improvmnt
\$2,796.00	\$2,397.00	\$3,182.00

Sunday, November 28

St. Patrick Center Salad Sunday
 7:00 pm—Al Anon, by Zoom

Monday, November 29

6:00 pm—Quilting, Annex

Tuesday, November 30

9:00 am—Quilting, Annex

Wednesday, December 1

9:00 am—Senior Exercise, Rigali Rm.
 7:00 pm—RCIA, Parish Hall

Thursday, December 2

9:00 am—Senior Exercise, Rigali Rm.
 6:00 pm—Bells Rehearsal
 7:00 pm—Choir Rehearsal

Friday, December 3

2:30 pm—Grief Support Group, Resource Ctr.

Sunday, December 5

9:00 am—Magical Morning with Santa, Gym

HOLY SPIRIT ACTS

Help kick off 2022 and the 20th anniversary celebration of ACTS here at Holy Spirit Parish with our next women's retreat:

*"Returning in the Power
 of the Holy Spirit"*

January 6-9, 2022

Anne Kinealy, Director

314-330-7752 or anne.kinealy@gmail.com

Donations – of all sorts! – from the community are welcome and appreciated as we begin preparations for the return reception on January 9th.

Questions? Want to help?

Please contact Alli Kleitz, Core Team Communications, at 314-344-9034 (home), 314-239-3015 (cell), or kleitzfamily@gmail.com.

ATTENTION: LECTORS ~~

*Please pick up your
 workbook for the new liturgical year
 in the Gathering Area.*

Thank you so much!

GLUTEN FREE HOSTS AVAILABLE

Gluten allergy? Would you like a gluten-free host? Please contact the Parish Office, 739-0230.



Dear Parishioners,

Our prayer for you during this Season of Advent is that, together, we might come to experience a deeper sense of the True Presence of God in our midst; and that through this new-felt experience, we might come to realize that God's Kingdom is in the hearts of those with whom we worship as Parish.

We invite you to come and worship with us during this Advent Season. Let us together lift our hearts and voices in prayer to our God who has been good to us; to God who gives us the Son, Jesus Christ, through the miracle of the Incarnation.

The schedule below offers many opportunities for each of us to enter into the richness of this Season and to prepare to receive the Messiah. **Please note the special Mass times for Christmas Eve and Day and New Year's Day.**

This year Christmas falls on a Saturday. Therefore, there will not be a vigil Mass in the evening for Sunday. Also, note that there will be 5 Masses for Christmas, 3 on the Eve and 2 on Christmas Morning. Also, since the Solemnity of Mary, The Holy Mother of God falls on a Saturday, it is not a day of obligation so there will just be the one Mass at 8:00 am on Saturday.

Please stop by the Gathering Area to pick up this year's edition of the "Little Blue Book."

We commend this book to you to assist in your preparation to Celebrate the birth of our Lord.

May the peace of Christ be yours as we prepare for the Lord's coming!

Come to us, O Emmanuel! Come, O Prince of Peace!

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***First Sunday of Advent: November 28***

**Monday, November 29**—First Reconciliation, 7:00 pm

***Second Sunday of Advent: December 5***

Rite of Acceptance, 9:00 am Mass

Advent by Candlelight, 6:00 pm

**Monday, December 6**—Evening Prayer & Reconciliation, 7:00 pm

**Wednesday, December 8**—Feast of the Immaculate Conception,

Masses at 6:30 am, 8:00 am and 7:00 pm

***Third Sunday of Advent: December 12***

**Monday, December 13**—Evening Prayer and Reconciliation, 7:00 pm.

**Saturday, December 18**—**Penance Day** - Priests will be available for Confessions from 9:00 am - 4:30 pm

***Fourth Sunday of Advent: December 19***

Following 11:00 Mass, volunteers gather to decorate church for Christmas. All helpers are welcome!

**Monday, December 20**—Evening Prayer & Reconciliation



***CHRISTMAS SCHEDULE  
PLEASE NOTE CHANGE IN TIMES***



**The Nativity of the Lord: Dec. 25**

*Mass Schedule:*

Friday, December 24—4:00, 6:00 and 10:00 pm

Saturday, December 25—7:30 and 9:00 am

**The Epiphany of the Lord: January 2**

*Mass Schedule:*

Saturday, January 1—5:00 pm

Sunday, January 2—7:30, 9:00, and 11:00 am

**The Holy Family of Jesus, Mary, and Joseph: Dec. 26**

*Mass Schedule:*

Sunday, Dec. 26—7:30, 9:00 and 11:00 am

**The Baptism of the Lord: January 9**

*Mass Schedule:*

Saturday, January 8—5:00 pm

Sunday, January 9—7:30, 9:00, and 11:00 am

**Mary, The Holy Mother of God: January 1**

*Mass Schedule:*

Saturday, Jan. 1—8:00 am



## MASS INTENTIONS

### Sunday, November 28

7:30am Jerry Olson  
9:00am People of the Parish  
11:00am Jim Crawford

### Monday, November 29

6:30 am Chrismer Family

### Tuesday, November 30

6:30am Sid Wolff

### Wednesday, December 1

6:30am Mearl Meyer

### Thursday, December 2

8:00am Richard Herr

### Friday, December 3

8:00am Antoinette Himmelsbach

### Saturday, December 4

8:00am Beatrice Smugala  
5:00pm John Roberson

### Sunday, December 5

7:30am People of the Parish  
9:00am Gaudencio Agasino  
11:00am Gerry Dye

## PRAYERS FOR THE SICK

In your prayers, please remember all the sick and home-bound parishioners and those who care for them.

|                    |                     |                           |
|--------------------|---------------------|---------------------------|
| Don Abramovitz     | Ray & Betty Garvels | Carolyn Putnam            |
| Janet Allan        | Jim Gerdes          | John Rath                 |
| Renee Armon        | Eric Hill           | John Rizzello             |
| Kathryn Arnold     | Betty Hirschmugl    | Pat Romano                |
| Jane Audrain       | Suzanne Holzum      | Mike Sampson              |
| Sonny & Donna Bolm | Bill Hughes         | Jean Schepers             |
| Carol Bonner       | Brenda Jaeger       | Anita Schiermeyer         |
| Becky Bonner       | Diane Javaux        | Norma Schwaninger         |
| Nancy Brand        | Kenneth Jordan      | Jimmy Smith               |
| Jim Brockmeyer     | Sharon Knoppe       | Jan Telthorst             |
| Connie Buenemann   | Mike Lemp           | Rebecca Tobar             |
| Linda Buttry       | Jerry McGuire       | Rudy/Brenda<br>Torricelli |
| Maisy Grace Casey  | Susie Meyer         | Ron Unterreiner           |
| Nicole Chapman     | Karen Newcomb       | Nanci Van Amburgh         |
| Margaret Cima      | Matt Niedringhaus   | Joe & Jean Wangler        |
| Ed Cody            | Jacob Null          | Angeline Weber            |
| Matthew Cody       | Jeff Painter        | Gene Weckherlin           |
| Peggy Cody         | Bob/Donna Pedrotti  | Bill & Joan<br>Weinzirl   |
| Leon Deimeke       | Maisy Grace Pina    | Tom Zemblidge             |
| Charles Dent       | Karen Piskulic      |                           |
| Tom DuBois         | Bob & Tootie        |                           |
| Martha Elmore      | Poder               |                           |
| Till Fehrenbacher  | Brian Ponder        |                           |

## PRO-LIFE NEWS



The oral arguments for the Dobbs v. Jackson Women's Health Organization case will start December 1 before the U.S. Supreme Court.

Join in a national, ecumenical prayer effort **November 30 - December 1** to pray for a just outcome for this crucial pro-life case. [www.usccb.org/prolife](http://www.usccb.org/prolife)

## PRAYER OF THE WEEK ~ FIRST SUNDAY OF ADVENT

Grant your faithful, we pray, almighty God,  
the resolve to run forth to meet your Christ  
with righteous deeds at his coming,  
so that, gathered at his right hand,  
they may be worthy to possess the heavenly Kingdom.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you  
in the unity of the Holy Spirit,  
God, for ever and ever.

## Sick Relatives and Friends:

|                          |                   |                         |
|--------------------------|-------------------|-------------------------|
| Judy Bauman              | Colleen Evans     | Paul Provost            |
| Kendell & Tina<br>Bedell | Harold Feltmann   | Dianne Rellergert       |
| Jack Beine               | Kim Fortier       | Sr. Pat Rodemann        |
| Kim Boxdorfer            | Michael Gill      | Nancy Rofkahr           |
| Jeri Burch               | Chris Gooch       | Sheryl Sanfilippo       |
| Chris Burns              | Richard Hahl      | Albert Schiermeyer      |
| Violete Casasus          | Diane Hermann     | Robert Schneider        |
| Debra Cates              | Suzanne Johnson   | Ken Schutz              |
| Wayne Cates              | David Kasprzyk    | Ruby Smith              |
| Nancy Chik               | Jenny Lemkemann   | Alford Snowden          |
| Diane Chorzel            | Leann McCarty     | Grace Solimando         |
| Tom Dalton               | Shawn McCarty     | Jerry Sutterer          |
| Beau Dempewolf           | Trish Merklin     | Judy Taylor &<br>Family |
| Margaret Dickinson       | Betty Merritt     | Msgr. Jim Telthorst     |
| Debbie Ditch             | Lou Merritt       | Jim Wamhoff             |
| Jack Dowd                | Mary Mudd         | John Wamhoff            |
| Fran Ebers               | Melinda Oeth      | Chris Wells             |
| Kayla Emerson            | Shirley Pankey    | Paul Williams           |
| Chris Essner             | Shirley Petrosky  | Michelle Wilson         |
| Sandi Essner             | Liz Prange        | Bonnie Wittman          |
|                          | Mike/Cindy Prinzi |                         |

**NAMES ON THE ABOVE PRAYER LISTS WILL BE  
REMOVED BY JANUARY 1st IF WE DO NOT HEAR FROM  
YOU BEFORE THEN. PLEASE CALL THE PARISH OFFICE  
TO LET US KNOW IF YOU WOULD LIKE YOUR LOVED  
ONE'S NAME TO REMAIN OR BE REMOVED.**



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HOLY SPIRITS HOME AND SCHOOL ASSOCIATION  
PRESENTS:

## A MAGICAL MORNING WITH SANTA

December 4, 2021  
9:00 am – 11:00 am

Holy Spirit Catholic School Gymnasium  
3130 Parkwood Lane  
Maryland Heights, MO 63043

PICTURES WITH SANTA \* GAMES \* CRAFTS \* BASKET RAFFLES / PRIZES  
HOT BEVERAGES \* PASTRIES

Prepaid Admission- \$6 per person / Pay at the Door- \$8 per person

Monetary and large  
raffle donation items  
will be gratefully  
accepted through  
12/3/21

## SCHOOL NEWS

**Congratulations** to our Nov. 22 Red & Blue winner of \$25; Dan Vermillion

**Thank you for supporting our school!**

**Sat., Nov. 27:** Tickets on sale for Magical Morning with Santa & Baskets Raffle

**Sun., Nov. 28:** Tickets on sale for Magical Morning with Santa & Baskets Raffle

**Mon., Nov. 29:** 7:00pm, First Reconciliation Gr. 2

**Thurs., Dec. 2:** 8:00am, Kindergarten-Gr.4, led by Gr. 4

**Fri., Dec. 3:** 8:00am, Gr.5-Gr.8, led by Gr. 8D

**Sun., Dec. 5:** 9-11:00am, Magical Morning with Santa, Gym (tickets available at door)

## PSR NEWS

**Nov. 29:** 7:00 pm in Church/Parish Hall  
First Reconciliation & Reception

**Nov. 30:** 7th grade Family, Faith, & Fun Night

**Children's Liturgy of the Word**

**Nov. 28:** No Children's Liturgy of the Word

## Scrip Gift Cards:

Scrip gift cards are available on Fridays 7:30-8am (school days) and Sundays 8am-11am (non-holiday weekends). **On Fridays,, we will be in the Scrip Room off the Gathering Area (not outside).**

These cards are wonderful stocking stuffers! For a limited time, come by the Scrip Table to buy \$5 and \$10 gift cards. Perfect for that little gift to show you care. Thank you for supporting Holy Spirit Catholic School

## WAY OF LIGHTS

**OPEN NOW THROUGH DEC., 31**

Wintertime sparkles at the **Shrine of Our Lady of the Snows** as the Annual Way of Lights Christmas display illuminates the grounds. Since 1970, the Missionary Oblates of Mary Immaculate have invited one and all to make the Way of Lights a part of their family tradition. This breathtaking display focuses on the birth of Christ, the one true light of the world. For detailed information please visit: [snows.org](http://snows.org)

**Music Trivia is back!** **Saturday, February 5,** the 7<sup>th</sup> grade class is having Music Trivia in the Holy Spirit gym. Doors open at 6:30 and the music starts at 7:00. More details and registration forms to come in December!

TV Star  
**FRANK RUNYEON**  
in:



## THE 3<sup>1/2</sup> STORIES OF CHRISTMAS

**"REMARKABLE!"**  
PEOPLE MAGAZINE

**"INSPIRING!"**  
ST. LUKE'S, FOSTER CITY, CA

**"THE CHILDREN WERE  
ENTHRALLED!"**  
ASSUMPTION, FAIRFIELD, CT

Children and adults will be delighted as all the parts of the Christmas story are tied together for the first time:

From the light of Creation to the manger in Bethlehem,  
from the origin of Saint Nicholas to the secret of  
**the Christmas Angel himself!**

**Saturday, December 11<sup>th</sup>, 2021**  
**7:00 pm**  
**Immaculate Conception/Dardenne**  
(held in Church)  
7707 Town Square Ave, Dardenne Prairie, MO 63368  
636-561-6611  
Free Will Offering

FRANK RUNYEON has starred in over 1,000 television shows over the last 20 years... opposite Meg Ryan on AS THE WORLD TURNS, on SANTA BARBARA, FALCON CREST, GENERAL HOSPITAL, LA LAW and MELROSE PLACE. He is also an honors graduate of General Theological Seminary and Princeton University.

WWW.FRANKRUNYEON.COM



## REVERSE ADVENT CALENDAR 2021

Each day, add an item to a box and say a prayer for those in need. Thank God for all your blessings! When you have completed this, donate your box

to HandS in the Resource Center or in the HandS bins in the Gathering Area. Thank you so much!

**You can begin on the first day of Advent  
(Nov. 28—Dec. 23 or Dec. 1—24)**

- Day 1 box of cereal
- Day 2 body lotion or deodorant
- Day 3 canned chicken
- Day 4 cookies or snack bars
- Day 5 box of pudding
- Day 6 canned pineapple, pears, or oranges
- Day 7 canned green beans or corn
- Day 8 canned tuna
- Day 9 dessert mix
- Day 10 jar of applesauce (no glass please)
- Day 11 shampoo
- Day 12 conditioner
- Day 13 canned beans
- Day 14 box of crackers
- Day 15 toothpaste
- Day 16 mouthwash
- Day 17 toothbrushes
- Day 18 canned chili beans
- Day 19 can of chicken or tomato soup
- Day 20 canned stew or another canned meat
- Day 21 can of beef or vegetarian soup
- Day 22 paper towels or toilet paper
- Day 23 canned potatoes or peas
- Day 24 a special treat - your choice

## ST. PATRICK CENTER SALAD—TODAY Nov. 28

Holy Spirit volunteers provide salads and/or components to help feed the homeless of St. Patrick Center, the 4<sup>th</sup> Sunday of each month.

**Salad and/or components will be collected between  
8 & 10 am, TODAY, Sun., Nov. 28.**

The container will be in the Gathering Area.

For more information contact  
Ellen Staples, 422-2381.

## HandS Giving Tree 2021

**TODAY Nov. 28 is the last day for donations  
benefiting the St. Augustine's Wellston Center**

Be sure to attach the ornament to the **unwrapped gift!**  
**(Please no puzzles, crafts or gifts for children  
under age 3)**

**Toys:** cars, trucks, ethnic dolls, games for teenagers, remote control vehicles, and sports items.

**For All Ages:** clothes, sleeper blankets, sweaters, jackets, underwear, socks, sweat suits (Large & X-Large & 2X).

**Household:** sheets (full and queen size), kitchen and bath towels, dishes, glasses, pots and pans, toaster ovens, electric skillet, coffee maker, flatware, flashlights, wall clocks and storage containers

**Other:** men and women fragrance or soap gift sets, hand lotion, holiday food gift packages (example: Hickory Farms), popcorn tins, jewelry, radios, cameras and watches

Or you can make a monetary gift to HandS and place in the collection basket at Church, or donate through online giving.

**Please no gift cards—Thank You!**



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**THANK YOU to ALL!!**

A sincere thanks to all those who contributed to our Thanksgiving baskets! Sixteen families received all the fixings for a great meal for their loved ones. You have truly touched others with your love.

**Thank you for your generosity!**

~HandS Volunteers

## SAVE THE DATE Advent Lessons & Carols

**Basilica of Saint Louis, King of France  
(Old Cathedral)**

**Sunday, December 12, 2021, 3:00 pm**  
**Most Reverend Mitchell T. Rozanski, Presiding**

**Music provided by the combined choirs of  
the Basilica of St. Louis, King of France (Old Cathedral)  
and the Shrine of St. Joseph**

**Free and open to the Public**



**Holy Spirit Parish**  
**Advent by Candlelight**  
**Sunday, December 5, 2021**  
**6:30pm in the Holy Spirit Church**  
**Doors open at 6:00 pm**

**Contact information for this event:**

Lisa Ahern – [lisaahernathome@gmail.com](mailto:lisaahernathome@gmail.com) – (314) 605-4346-cell phone  
Ann Allman – [anncallman@gmail.com](mailto:anncallman@gmail.com) – (314) 724-2124-cell phone

**What can you expect from Advent by Candlelight 2021?**

Because of the ongoing pandemic, we will gather in church for an evening of music, songs, speaker, and great inspiration. Join us for a glimpse into the humble life of *St. Joseph*. We will conduct seating as we do with Sunday Masses. No reservations. Come as you are. Masks are required for the whole evening. Cookies and drinks will be served after the event in the Parish Hall. There is always *Room at the Inn* for you.

**Who is invited?**

This is a ladies-only night out. We have *Room at the Inn* for you. This event is for the ladies of our parish and/or their relatives/friends. Let us wait together in this Advent season.

**Live-Streaming will be available.**

If you're unable to attend in person but would still like to share in this inspirational evening, you can watch it live on You Tube. Look for the link on the Holy Spirit website. Will you tune in as we honor *St. Joseph* on this Advent evening?



**Donations to Charity**

Our charity this year is: **Room at the Inn.**

All donations will stay in the Maryland Heights/Bridgeton area.

Room at the Inn volunteers prepare/serve an evening meal and host overnight guests and families for those that are homeless and in desperate need.

Room at the Inn charity is asking for the following donations:

- ~Pre-made juices, lemonade, and tea in plastic bottles...NO GLASS please.
- ~Gift cards to purchase ingredients for the evening meal: Schnucks, Aldi, Dierbergs, any grocery store in this area.
- ~Gift cards to give to guests to buy for their loved ones: Kohls, Target, Wal-Mart, Shoe Carnival



**“Each person you meet is Jesus in disguise”**  
**Mother Teresa**

**GREATNESS**

The measure of greatness is not the number of servants you have,  
but the number of people you serve.

—Anonymous

## YOUTH MINISTRY

FIND HOLY SPIRIT YOUTH MINISTRY  
ON FACEBOOK & INSTAGRAM [www.facebook.com/hsyouth](http://www.facebook.com/hsyouth)

**CONGRATULATIONS!** To the 45 young people who received their Confirmation at the Cathedral last weekend. I am so proud of their hard work and perseverance. Well done! Please continue to pray for them as they begin the next part of their faith journey.

Watch for our **Saint Display** online on Facebook and Instagram in December.

### NEED SERVICE HOURS?

Upcoming opportunities – December 5 will be Drive By Rakings: Stay tuned.

**NEED YARD WORK?** Youth Ministry would like to do some light yard work (rake leaves, pick up sticks, bag yard waste). Contact Donna Eisenbath at [deisenbath@holyspirit](mailto:deisenbath@holyspirit) or call 314-954-1326 by **Thursday, Dec. 2.**

### GOT COLLEGE STUDENTS?

Thanks to those who have responded! Another mailing will go out in November/December. If you have a child who has graduated high school, is away at college or staying at home and working, I'd like to send them some mail from time to time.

Email [deisenbath@holyspiritstl.org](mailto:deisenbath@holyspiritstl.org) with their address, and I'll add them to the list.

### HIGH SCHOOL EAT.PRAY.DISCUSS.

**Are you in high school? Want to make new friends, deepen old friendships, and grow in faith? Join us for Eat. Pray. Discuss** as we talk the issues you are facing, and find ways to see how God is active within those times. We meet in the Resource Center in the Holy Spirit Room (come to the basement door) from 7:00-9:00 p.m. every Thursday. Bring a friend. All are welcome.

### **Conversation starters for parents and teens:**

- ♦ What's the best gift you ever received? What makes it the best?
- ♦ If you could give any person in your life any gift (no matter the cost or it could be a quality like courage) what would that be?
- ♦ What was your favorite thing about Thanksgiving?



### Truck Needed

We need a volunteer to help transport mattresses to the St. Francis Community Services for needy immigrants/refugees in South St. Louis. If you can help, please call Clare Duffy: 314-291-2144

### **SENIOR EXERCISE**

Please join us every Wed. and Thurs. at 9:00am in the Annex for stretching, flexibility, balance and strengthening exercises! Men and Women Welcome! We pray for each other and have lots of fun! To learn more, leave a message for Clare Duffy 314-291-2144



### **Our Stephen Ministers Are Ready to Care for You!**

We all go through times in our life when we could benefit from a little extra care and attention.

We provide confidential, one-to-one, Christian care to people who are experiencing a difficult time. If you are hurting, call the confidential Hotline today: (314) 739-0230 ext.130.

Our Stephen Ministers are ready to bring God's love and care into your life



### **Al-Anon Meetings by Zoom Every Thursday**

If you would like more information on joining our group, please do not hesitate to contact Diane Neuroth at 314-878-8067



### **A World of Thanks!** +++++

Thank you and congratulations to Lyle Woodruff as he retires from HandS, our parish's outreach ministry. Lyle has been involved with HandS since 2003. He has given tirelessly of his time and talents as the co-chair and member of the financial assistance team for 18 years.

We appreciate his commitment to serving others during their time of need.

### **Dynamic Catholic, Alive! The Gift of the Present**

Our Lord once again reminds us of the necessity of being alert and watchful and serving Him even when He seems to be absent. We all experience those times of dryness and desolation in life. We experience the ups and downs, the joys and sorrows, the victories and defeats.

Blessed Mother Teresa of Calcutta wisely taught us that God does not ask us to be successful but just to be faithful to God. When we are grateful for the present moment and the gift here and now that the Lord has given us, our whole outlook on life can change. We can encounter the Lord anew in different places and in different ways.

It is not always easy, but we must live in the present moment and cherish the gift of life that is before us.

"Would that you might meet us doing right, that we might be mindful of you in our ways!" (Isaiah 64:4).

[archstl.org/dynamic](http://archstl.org/dynamic)



### **The Grief Ministry Support Group**

The Holy Spirit Grief Support group meets **weekly on Fri at 2:30** in the Resource Center St. Lawrence Room. If you are interested in attending the program, please call Linda to register at 314.739.0230 ext. 108.

#### *Previous participating parishioner's reflections:*

"When my wife passed away, I was devastated and lost. Our Pastoral Associate confronted me about a group that met at church. I was glad to hear of it. My daughter was going through hard times also, so we attended together. At first I was nervous not knowing what to expect. Then I realized I was not alone in my feelings. It was a comfort to know others going through the same issues. I started looking forward to the meetings to be able to talk about our loss and to pray and realize she is still with me. Thank you so much for the opportunity to participate in this group. It gave me a lot of peace to go on".

### **THE THREE COMINGS OF ADVENT**

There are three distinct comings of the Lord of which I know,  
His coming to humankind, His coming into humankind, and His coming against humankind.

*St. Bernard: Third Sermon for Advent*



## 1<sup>st</sup> Sunday of Advent, Cycle C

Jeremiah 33:14-16  
Ps 25:(1b)4-5,8-10,14  
1 Thess 3:12-4:2  
Luke 21:25-28,34-36

### Monday November 29

Isaiah 2:1-5  
Ps 122:1-9  
Matthew 8:5-11

### Tuesday November 30

**St. Andrew**  
Romans 10:9-18  
Ps 19:8-11  
Matthew 4:18-22

### Wednesday December 1

Isaiah 25:6-10a  
Ps 23:1-6  
Matthew 15:29-37

### Thursday December 2

Isaiah 26:1-6  
Ps 118:1,8-9,19-21,25-27a  
Matthew 7:21,24-27

### Friday December 3

**St. Francis Xavier**  
Isaiah 29:17-24  
Ps 27:1,4,13-14  
Matthew 9:27-31

### Saturday December 4

Isaiah 30:19-21,23-26  
Ps 147:1-6  
Matthew 9:35 -- 10:1,5-8

Today's world needs Christians who truly understand that faith gives us hope and victory in the midst of any and all difficulties.

Taking this even further, today's world needs Catholics who truly understand that going to Mass means having faith in miracles -- especially the miraculous transformation of bread and wine into the body and blood of Christ. Are you changed by the presence of Christ in the Eucharist? If so, then after you exit the church, others see evidence of this faith -- right?

There's a difference between "knowing" the truths of our faith and authentically living these truths.

What prayer requests have you made in which you're still waiting for God to provide his help? When you offer them to Jesus during the prayers of Mass, do you feel the hopefulness that comes from faith?

During the consecration of the Eucharist, if we do not have faith in God's ability to change bread and wine into Christ -- an ability that does not rely on the how holy the priest is -- we won't have faith to recognize that Jesus is ministering to us in the Eucharist.

In today's Gospel reading, Jesus speaks of his Second Coming, but we can also relate it to our daily lives today.

We all have new tribulations looming in the future, un-

known and unpredictable. That's life on earth! And Jesus wants to help us through them. Faith in this gives us hope and victory.

However, when our focus is on our troubles instead of on Christ, we are not living in faith. Jesus warned us about our hearts becoming spiritually drowsy. This is when we lose faith. We forget to remain centered in Christ. We neglect to listen for the guidance of the Holy Spirit.

But when we ask Jesus to restore us to a life of faith, we become vigilant, expectant, and aware that we can rely on God to help us in whatever comes our way.

Our tribulations makes us fearful. Faith gives us reasons to hope in Jesus and to live in joy instead of fear. It's not easy! It takes conscious effort. But spiritual drowsiness is a miserable way to live.

### Reflect & Discuss:

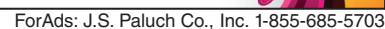
1. What are you waiting for from Jesus?
2. How will you use the Season of Advent to grow in faith by noticing the loving, generous, merciful activities of God?
3. What are your favorite ways to prepare for Christmas?
4. How do you make Advent a season of hope and a time of growing in faith?

FIRST SUNDAY OF ADVENT — (DECEMBER 5 2021)

Bar 5:1-9; Ps 126:1-6; Phil 1:4-6, 8-11; Lk 3:1-6



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