Women’s Morning of Reflection
Saturday, August 3, 8:30-11:30 a.m.
ALL Women are invited to attend 8 a.m. Mass followed by breakfast and reflection in the Parish Hall. RSVP by July 28 to Mary Beth, mbchik69@gmail.com, 314-348-8926
OR Shannon, shannonpurvis@hotmail.com, 314-276-6934

Men’s Morning of Reflection
Saturday, August 3, 8:30-11:30 a.m.
ALL Men are invited to attend 8 a.m. Mass followed by breakfast and reflection in the Rigali Room. RSVP by July 28 to Mike Hachmeister, hackmr@hotmail.com, 314-370-9397
**Mass Schedule**
Monday thru Wednesday ............................................. 6:30am
Thursday and Friday ................................................... 8:00am
Holy Days Consult bulletin
Saturday: ............................................. 8:00am and 5:00pm (Vigil)
Sunday: 7:30am, 9:00am, and 11:00am

**Confessions**
Saturday 4:00 to 4:45pm or by appointment

**Eucharistic Chapel Hours**
Weekdays: 12am to 6am and 9am to 12 midnight.
Saturdays: 12am to 7am
Chapel will close at 7am Saturday until 9am Monday.
**Holy Days**: Please consult the bulletin.

**Eucharistic Exposition**
Wednesdays after 8 a.m. Mass until Noon (closing with Benediction). Confessions 1st Wednesday.

**Baptisms**
Baptism Class for parents/godparents is normally held on the first Monday of the month at 7 PM in the Church. To register for the meeting and/or to arrange for a baptism, call Karen Rychlewski.

**Marriage**
Couples planning marriage contact the pastor at least six months in advance.

**Communion Calls**
Please call the Parish Office to request Communion if someone is unable to attend Church.

**Hospital Visits**
Please notify the Parish Office concerning hospitalization.

**Registration**
New parishioners may register at Parish Office or see one of the priests after Mass. New information e.g. address, phone numbers or moving from the parish, please call Parish Office.

**Bulletin Information**
Please submit information for the bulletin by Noon TWO Fridays before publication. Include name, daytime phone number of person submitting information, Commission and group name. Items can be e-mailed to mwelsh@holyspiritstl.org.

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**What’s Happening This Week**

**Sunday, July 21**
8:00 am—Ted Drewes Sale, Parish Hall
7:00 pm—Al Anon, Community Rm.

**Monday, July 22**
6:00 pm—Quilting, Annex

**Tuesday, July 23**
9:00 am—Senior Exercise, Rigali Rm.
11:00 am—Lunch Bunch, Off Property
7:30 pm—Fire in the Spirit, Community Rm.

**Wednesday, July 24**
6:30 am—St. Patrick Casseroles, St. Blaise Rm.
9:00 am—Senior Exercise, Rigali Rm.
10:00 am—Grief Support, St. Lawrence Rm.
7:00 pm—Ensemble/Teen Choir Practice, Church
—Food Addicts Anonymous, Rigali Rm.
—Prayer Shawl, Parish Hall

**Thursday, July 25**
9:00 am—Senior Exercise, Rigali Rm.
1:00 pm—Prayer Shawl, Rigali Rm.
7:00 pm—Al Anon, Rm. 2

**Sunday, July 28**
7:00 am—Salad Sunday, Parish Hall
7:00 pm—Al Anon, Community Rm.

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**Men’s White House Retreat**

Holy Spirit Men, our parish retreat is scheduled at the Jesuit White House Retreat Center from 5 PM Thursday, September 26, until Sunday afternoon, September 29. The Retreat fee for each man is whatever he can afford to pay.

For more info, call Frank Kekeisen, 314-434-4117.

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**RCIA**

**Rite of Christian Initiation for Adults**

Are you interested in finding out more about the Catholic Church? Is a spouse, fiancé, neighbor, friend, or co-worker interested?
The RCIA process enables those who are interested in the Catholic faith to “come and see” – to explore Catholic teaching and to discover what it means to be a Catholic Christian.

Most people come because they are invited. Be the voice of Christ and offer the first invitation. RCIA is for anyone unbaptized or baptized in another Christian tradition, as well as Catholics who are baptized but have never celebrated Confirmation or received First Communion.

There is no commitment placed on any one who may be interested or who has questions.
Please contact Karen Rychlewski, 314-739-0230, krychlewski@holyspiritstl.org, or have them contact us so we can invite them to attend inquiry sessions beginning September 11 at 7 p.m. in the Parish Hall.

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**Offertory Collections**

Stewardship for July 1-7, 2019

- Sunday Envelopes, 255 utilized: $ 16,742.00
- Loose Collection: $ 414.43
- Online Donations, 79 families: $ 7,291.00

Total: $ 24,447.43

Weekly Budget: $ 20,000.77
Weekly Surplus (shortfall): $ 4,446.66

**VBS** $ 100.00
**HandS** $ 520.00
**Parish Improvements** $ 718.00

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*2 | Sixteenth Sunday in Ordinary Time, July 21, 2019*
PRAYERS FOR THE SICK
In your prayers, please remember all the sick and home-bound parishioners and those who care for them.

<table>
<thead>
<tr>
<th>Sick Relatives and Friends:</th>
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<tbody>
<tr>
<td>Leo Bachinski II</td>
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<tr>
<td>Judy Bauman</td>
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<tr>
<td>Jackie Craven</td>
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<td>Colton Christian</td>
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<td>Steve Ditch</td>
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<td>Betty Halpin</td>
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<td>Carter Hooker</td>
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<td>Joe Hull</td>
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<td>Shane Katzler</td>
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<tr>
<td>Al &amp; Pearl King</td>
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<tr>
<td>Sharon Knappe</td>
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<tr>
<td>George Kuhlmann</td>
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</tbody>
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Mass Intentions

Sunday, July 21
7:30am For Our Parishioners
9:00am Special Intention
11:00am Lou Difani

Monday, July 22
6:30 am Pat DeWitt, Special Intention

Tuesday, July 23
6:30am Larry Ritter

Wednesday, July 24
6:30am Faithful Departed

Thursday, July 25
8:00am George Murphy

Friday, July 26
8:00am Marcinette Dayco

Saturday, July 27
8:00am Agnes Duisen
5:00pm For Our Parishioners

Sunday, July 28
7:30am Glennon F. Audrain
9:00am Fred DeWitt
11:00am Victoria Lawson

Mass Stipends
As of July 1, the Mass stipend has increased to $10 per Mass per Archdiocese Guidelines.

From Death to New Life
We express our deep sympathy and assurance of our prayers to the family of Roger Horton, husband of Margaret, father of Carrie (John) Bockerstett, Jason Horton, grandfather of Caitlyn Bockerstett. May his soul rest in the Peace of Christ.
SCHOOL NEWS

We are currently seeking a Full-time Middle School Maker Space/Science Teacher as well as a Part-time Nurse. If interested or know someone who is, contact Mrs. Kelly Hewitt, khewitt@holyspiritstl.org

SCHOOL SUMMER OFFICE HOURS:
July CLOSED

Please leave a message, 314-739-1934 or email, Mrs. Kelly Hewitt, Principal – khewitt@holyspiritstl.org or Mrs. Kate Ayres, Secretary – kayres@holyspiritstl.org

Looking forward to seeing everyone August 19!
Have a Blessed summer.

Mrs. Hewitt

PSR NEWS

PSR REGISTRATION FOR 2019-20
PARISH SCHOOL OF RELIGION-REGISTRATION FOR 2019-20
The Parish School of Religion has religion classes on Tuesday evenings, from 6:45-8 p.m. for students in grades 1-8 who attend public schools. PSR sessions focus on the message of Jesus, experienced within a community of faith with opportunities to pray, worship and do service for others. The students are also prepared to receive the sacraments of Reconciliation and Eucharist. Confirmation is a parish wide program coordinated by our Youth Minister, Donna Eisenbath. All families will register and make payments for PSR through our online program, www.holyspirit.psrenroll.com or PSR registration is one of the quick links on the parish website, www.holyspiritstl.org. Detailed information was also sent by email to each returning family.

THE PRAYER SHAWL MINISTRY
Prayers shawls are hand made items, blessed at mass, that provide comfort and peace to the recipient. Our prayer shawl ministry makes shawls available to anyone who would like one with no expectation of return. In addition to shawls, we have lapghans (lap-sized afghans), scarves and various items appropriate for everyone.

Our next meeting is in Parish Hall on July 24 at 7pm. If you already knit or crochet you are already ready to make prayer shawls. If you’re not sure where to start we have patterns, yarn needles and hooks that you can have to make a prayer shawl. There are no time limits or requirements of any sort.
If you don’t knit or crochet and would like to learn, we will teach you. We have needles and hooks as well as yarn to get you started.
Call Mary at 497-5048 to get a shawl or with any questions you might have.

Youth Ministry

For some good Lenten reflections find HOLY SPIRIT YOUTH MINISTRY ON FACEBOOK AND INSTAGRAM
www.facebook.com/hysouth AND as HS_YOUTH_STL on Instagram

“CATHOLIC YOUTH NIGHT” with the River City Rascals 7/27
Holy Spirit youth are taking orders for tickets. They are $13 each. These games are lots of fun for the whole family. Contact Donna Eisenbath for information and to order tickets. Get yours before they sell out.

CONFIRMATION
Plan to work on your God Moments and service opportunities over the summer. Aug. 26 is our next session,
Session 7: The Eucharist, 6:45-9 PM, Parish Hall.

HIGH SCHOOL YOUTH FRESHMEN, SOPHOMORES, JUNIORS & SENIORS – ALL ARE WELCOME:
NO THURSDAY EVENINGS IN JULY: We are adjusting our summer schedule to fit yours. In July we are suspending Thursday meetings because of holidays and vacations.
Saturday, July 27 is the night at the Rascals game – It’ll be fun. Don’t miss out.
Sunday, July 28 we will look for a local Catholic church to visit to experience how others in our area worship. In the past we’ve celebrated a Latin Mass, and visited St. Alphonsus “Rock” church.
Sunday, August 4 – Monday, August 5 is our Back-to-school retreat. See below.

Back-to-school retreat is Aug. 4-5. All incoming freshmen-graduated seniors invited. We’ll be attending 11:30 Mass at Holy Spirit then traveling to Camp Trinity (where we hold our spring retreats) to spend the day and night in reflection, prayer and rest. We’ll return no later than 3:00 p.m. Monday afternoon (this time is adjustable based on the needs of the group).

Are you looking for summer service opportunities?
We’re planning service days from 9 a.m. – 2 p.m. for July 24-26. Contact Donna E. for information. Needed: adult helpers, drivers, chaperones who are PGC.

ADULTS WE NEED YOU!
Looking for PGC adults. We need your help to make all things possible. Young adults, parents & empty nesters are all welcome. Our young people benefit from your life, your faith & YOU! They truly appreciate your help.

Summer service events July 24-26: Wanted–drivers & chaperones. Must be willing to help with service & spend time in discussion afterwards.
FALL/WINTER will be here before we know it. We can always use overnight chaperones, drivers, & chaperones for our weekly & monthly meetings. A new Confirmation cohort will begin in Jan. If you are interested in being a catechist, or helping with meetings, contact Donna Eisenbath.

Interested? Want to help our teens encounter Jesus through participation in our parish community?
Contact Donna Eisenbath.
SPIRITED SENIORS EVENT: THURSDAY, JULY 25
Meet at Holy Spirit Annex 8:45 a.m. — Depart for the Arch, 9 AM (Carpooling suggested). Meet at the Arch entrance 9:45 to 10 AM. Adults $7 includes the Arch Museum entrance fee, the movie, “Monument to the Dream.” Tram ride to the Top of the Arch, $12. Combo price for both the movie and tram rider $16, a $3 savings. Parking is within 3 blocks from either Stadium East or Central Parking Garages. Easy route into and out of downtown, detailed maps will be furnished. Lunch at Pappy’s Smokehouse after, 3106 Olive Blvd. (three blocks east of Grand Blvd.) Info, Jim O’Gorman, 291-3579. Costs will be handled on an individual basis.

TED DREWES FROZEN CUSTARD SALE

THIS WEEKEND!
July 20-21
After all Masses
In the Parish Hall
chocolate, vanilla or strawberry
9 oz size
$3 each
benefitting Holy Spirit PSR

DUCHESENE SERVICE CAMP
Serve the community, And your spirit!
WHAT: A week long camp filled with opportunities to serve yourself and your community, and to deepen your relationship with God.
WHO: Anyone ages 10-14
WHEN: August 5-8, from 8:30 a.m.-3:00 p.m.
WHERE: Holy Spirit Catholic Church/School, 3130 Parkwood Ln., Maryland Heights MO 63043
OTHER: Registration fee of $10
For more information, or to register, contact Libbi Kleitze@ duchesne-hs.org or 314-456-2016

A PRAYER REFLECTION FROM F3 BASED ON MATTHEW 25: 35-40
“Then the King will say to those on his right, ‘Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry for guidance, direction, knowledge, freedom, the Holy Spirit
- you put your phone away and gave me your presence. I was thirsty for shelter, comfort, peace of mind, love, acceptance, recognition, a good example, faith, God
- you took time away from what you wanted to do and to really see me for who I am.
I was a stranger, a homeless person, poor, in prison, unpopular, a minority, from another country and didn’t speak the language, or just different from you. I didn’t wear the newest clothes or have the newest things, didn’t do well in school, or acted weird
- you talked to me and we became friends.
I felt exposed because I am poor, changed schools, lost a friend, had a huge failure, my life was messy, my family does things that embarrass me. I’m in a club at school that others don’t think is very cool. I’m overweight, someone told my secrets or spread rumors and gossip about me
- you covered my shame with kindness and understanding.
I was sick of being lonely, having a learning disability, getting made fun of, losing. I was worn out from having brothers and sisters who are ill, negativity, hearing news of people killing each other for no reason, people my age who pretend that bad behavior and dangerous things like drugs, drinking, smoking are okay
- you talked to me, offered me friendship, showed me that people are still good.
I was imprisoned by things I’ve done, my family, culture, or social class. I hang out with the wrong people, try too hard to be popular. I made a bad first impression that is defining me. I am called weird, fat, annoying, nerd, and dumb. I get made fun of for my physical appearance and/or mental capabilities
- you helped me feel free to be the best version of myself.

“Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?’ “The King will reply, ‘Go to everyone in your class. Talk to them. Befriend them. Follow the news of your community and the world so you can discover your passion and how you can bring your gifts where there are hurting people. Truly I tell you, whatever you do for one of the least of these brothers and sisters of mine, you do for me.’
The Holy Spirit Carnival Committee is looking for people to CHAIR BOOTHs during the annual parish Carnival being held Friday, September 6th, and Saturday, September 7th, this year.

THIS IS A GREAT OPPORTUNITY TO GET INVOLVED WITH YOUR COMMUNITY AND BUILD RELATIONSHIPS.

WE HAVE SEVERAL VERY IMPORTANT BOOTHs THAT ARE STILL IN NEED OF CHAIRPERSONS, SO PLEASE CONSIDER SUPPORTING OUR PARISH CARNIVAL.

Open Booths:
- Bottle Booth
- Shooting Gallery
- Guest Relations - At the front of the parking lot
- The First Aid Booth
- Funnel Cake
- Plinko
- Monopoly
- Teddy Bear Toss
- Safety Cone Game
- Prize Room Monitor

We will again have the "Sign-up Genius" for volunteers to work in the booths again this year, stay tuned for more information on this.

Thank you so very much for your continued support of our amazing parish Carnival!

Jeff and Jean Painter
Bryan and Sue Hercules
Mark and Kathy Johnson

Please contact Bryan Hercules, 956-7727, or 1717@medicineshoppe.com to work together to help Holy Spirit continue to be one of the best parishes in the Archdiocese.

IT’S COMING...SAVE THE DATE — FRIDAY & SATURDAY, SEPTEMBER 6 & 7

Mark your calendars for this year’s Annual Carnival. Plan to join us for all the family fun! Watch the bulletin for more details. Want to get involved?
Contact Bryan (see below).
This is a GREAT way to meet your fellow parishioners, classmates, and other volunteers!

HOLY SPIRIT CARNIVAL NEEDS YOU!
The Holy Spirit Carnival has been enjoyed by many for over 40 years. We want to Thank You for being a part of the success of the carnival, whether you have enjoyed attending, working or helping out in any capacity. Thank You! You, the parishioners of Holy Spirit, are what have helped to make the carnival so successful! As you are well aware it is the largest fundraiser we have and is vital to continuing the over 30 ministries Holy Spirit provides to our community. In the past we have had great chair people and many friends work together to bring this great event to Northwest St. Louis County. We are currently asking for your help. We are looking for a few more co-chairs and also for help with running the booths that the kids love to play at. It is so much fun working with friends and making new friends on the weekend. The best part is seeing how everyone comes together to make Our Carnival a family friendly event for all ages to enjoy.

To work together to help Holy Spirit continue to be one of the best parishes in the Archdiocese, please contact Bryan Hercules 956-7727 OR 1717@medicineshoppe.com.

BASKET RAFFLE BOOTH
Please consider donating new items that can be used in gift baskets. Suggested themes: sports, dinner & a movie, baby boy or girl, card/board games, crafts, NASCAR, tailgate party, cat or dog, etc. We’d love to receive donations of game, theatre, or event tickets. Would your employer consider donating a set of their season tickets? We also need baskets/containers in good condition. Please place items in the Parish Hall marked “Basket Raffle.”

Monetary or gift card donations will be gladly accepted. Purchase your gift card donations from the SCRIP Table! Please put them in an envelope marked “Basket Raffle” and place them in the collection basket or drop them off at the Parish Office.

Thanks for your help in making this year’s Carnival the best ever! Shelly Barry, 707-6049
**Lunch Bunch is this Tuesday!**

**Older adult** parishioners will gather at 11:00 am this Tuesday at Sport’s Café, 3579 Pennridge Dr., Bridgeton, MO 63044 for light-hearted conversation while enjoying lunch together.

No reservations are required so bring a friend or come alone because its just for fun!

**BRIDGES RETREAT**

**Bringing Ignatian Spirituality into Daily Life**

Looking to deepen your prayer life and your relationship with God? This Ignatian Retreat in Everyday Life is presented by the Bridges Foundation. It is going to be offered at four St. Louis area sites on various days and times starting in September, 2019. Over the nine month retreat, there are group meetings along with weekly, individual conferences with a prayer companion. Experience discernment, contemplation and meditation and enjoy the comradery of other members of the Bridges Retreat community. Look for brochures in the gathering space. The insert inside the brochure lists the sites and times of Information Sessions scheduled this summer; find these dates and more at the Bridges Retreat website, bridgesfoundation.org. Questions: contact Linda Leib, Executive Director, 314-313-8283, linda.leib@bridgesfoundation.org.

**UPDATE YOUR DIRECTORY INFORMATION!**

Does our Parish Office have YOUR current family membership information?

Here is your chance to update YOUR record for our annual Guide Book & Directory (if you haven’t already done so).

It is time for us to update our database with any changes, additions, or deletions that may have occurred over the past year. Have you changed your phone number? Have you moved? Are you preparing to move soon? Are all of your children still at home and are they all included in your membership record?

Do you want your record published?

If you have not already informed the Church Office about changes to your record, please let us know NOW so that the information in the Guide Book & Directory is correct. The Parish Office number is 314-739-0230.

Thank you for your help!

**ADVERTISING OPPORTUNITY**

Guide Book Publishing is updating our annual Parish Directory. The book is delivered directly to every household at no cost to us. Local businesses are being asked to advertise in the book, and we want to make sure our members have first claim to prime locations in the new directory. This is a great opportunity for your business to support our parish. A recent survey taken by GBP shows that 92.1% of families prefer to patronize an advertiser and 70.9% consciously look to see who is advertising. Interested in advertising? please contact Dave Lauber, 314-422-9448, or 800-597-3037.

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*These are the capstone years, the time in which a whole new life is in the making again. The gift of these years is not merely being alive – it is the gift of becoming more fully alive than ever.*

**JOAN CHITTISTER**

**OLDER ADULTS Age 55+**

Join us for 6-weeks of BOOK DISCUSSION and REFLECTION

Based on the book by Joan Chittister

*The Gift of Years: Growing Old Gracefully*

**When?** Wednesdays beginning August 21st

**Where?** Resource Center, St. Lawrence Room

**What time?** 9:30–10:45 a.m.

**What does the book cost?** $10

To register contact Karen Rychlewski at the Parish Office, 739.0230, krychlewski@holyspiritstl.org

Registration deadline: August 7th

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Sixteenth Sunday in Ordinary Time, July 21, 2019 | 7
**PRO-LIFE**

**National NFP Awareness Week: July 21-29, 2019**

Natural Family Planning (NFP) is a general title for ethical, natural, safe and effective methods for both achieving and avoiding pregnancy in marriage. NFP methods teach couples how to observe and interpret signs of fertility and infertility. In the words of the *Catechism of the Catholic Church*, NFP methods “respect the bodies of the spouses, encourage tenderness between them and favor the education of an authentic freedom.” (CCC, no. 2370)


There are several different methods of NFP to choose from in the Archdiocese of St. Louis.

For more information: [https://www.archstl.org/natural-family-planning](https://www.archstl.org/natural-family-planning) or email [holyspiritpro-life@gmail.com](mailto:holyspiritpro-life@gmail.com).

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**ST. PATRICK’S CASSEROLES NEEDS YOU!!**

We have been providing chicken-rice casseroles on the 4th Wed. of every month (as part of St. Patrick Center’s parish-based program to provide a noon meal for those in need) for many years now. We would like to be able to provide the needed 28 casseroles (or more). The time commitment is about 1½ hours a month—about an hour (or less—it’s an easy recipe) to make the casserole, and about ½ hour round-trip (depending on where you live) to bring it (frozen) to the Parish Resource Center the morning of the 4th Wed. of the month. We will provide the disposable pan, & the recipe which is easy to follow. For info, Mary Beth Schulte, 229-8067 or [SpecRelEdu@aol.com](mailto:SpecRelEdu@aol.com). Help feed the hungry people in our area. **Casseroles are due THIS Wed., July 25.**

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**SALAD SUNDAY—NEXT WEEKEND!**

Holy Spirit Parish is responsible for the dinner salads served to the homeless once a month (the fourth Sunday) at St. Patrick's Center. Just leave your donation in the big green bin in the Parish Hall as you come in for mass: before 5:00 Mass Saturday, July 27, or until the beginning of 11 am Mass Sunday, July 28.

We appreciate your help!

For more information please contact Ellen Staples, 422-2381.

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**BEREAVEMENT LUNCHEON MINISTRY NEEDS YOUR HELP**

Looking for a way to provide hospitality and service to a family during an especially difficult time? Consider sharing some of your time, talent and treasure with fellow parishioners, those who are in need of our love and compassion by assisting with Bereavement Luncheons. Help is needed in many different ways – donating food for the luncheon, setting up for the luncheon, serving the meal and clean up. Areas of participation are available for people who can assist at the luncheon and for those who are unable to help at the luncheon but can prepare food ahead of time.

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**LOOKING FOR A WAY TO GET INVOLVED AND HELP PARISHIONERS IN NEED?**

Faith in Action is a parish wide program that gives us an opportunity to serve others in need. We are in need of more volunteers particularly in the area of **transportation (rides to Mass and doctor appointments)**. Transportation volunteers must have Protecting God’s Children training and have a copy of their insurance card and driver’s license on file. We can also use volunteers in other areas. You choose the areas in which you would like to help & the time you can commit to this ministry.

For more information on Bereavement and/or Faith in Action, call Sharon Kaufman 739-0230 X110 or email me at [skaufman@holyspiritstl.org](mailto:skaufman@holyspiritstl.org).

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**DYNAMIC CATHOLIC, ALIVE! — WHY DO WE WORRY?**

Just like Martha in today’s Gospel, aren’t we all “anxious and worried about many things?” Why? Martha was upset because she made the decision to take on the more laborious part of providing good hospitality and that was serving the meal. Her sister made the decision to take on the other important part of hospitality and that was spending time with their guest, Jesus. This would be a wonderful week to take time to reflect on these questions: Am I worried and anxious? Am I thinking ahead to the future instead of living in and enjoying the present moment? Has the consequences of one of my decisions caused this worry? Am I spending so much time worrying that I don’t focus on having an attitude of gratitude for all the gifts God has given me? Am I spending enough time in prayer so that I can surrender all my worries to Jesus? After reflecting we can pray, “Jesus, I surrender my entire self to You, please take care of everything. Amen”

[www.archstl.org/live-the-faith](http://www.archstl.org/live-the-faith)
**Marriage Encounter**

Are you thinking about your summer vacation? A worldwide Marriage Encounter weekend, away from all the distractions and pressures in your life right now, would be the BEST vacation of your life. You and your spouse will always remember this WWME Weekend away as a great time together that strengthened your marriage. The next weekends are Aug. 9-11 or Sep. 27-29 at the Courtyard Marriott in St. Peters, MO. If you would like to apply or get more information, go to [https://stl-wwme.org/schedule.php](https://stl-wwme.org/schedule.php) or call 314.649.7317.

**SSM Health DePaul Hospital**

Seeking adult volunteers to serve as Eucharistic Ministers to patients. Substitute Eucharistic Minister volunteers are also needed on an on-call basis. And seeking volunteers to serve in a variety of areas. Available positions include: Guest Escorts, Admitting Aides, Persons with Certified Pet Therapy dogs; Endoscopy Transporters; ICU Waiting Room Hosts; Information Desk Clerks; Patient Floor Desk Assistants, & many others. A variety of weekday & weekend hours available. Volunteers must be at least 16 years old & have completed sophomore year in high school. For more info, or to request a paper application, contact Barb Toulster, Director of Volunteer Services, 344-7083. To submit an application online, visit [www.ssmhealth.com/volunteer](http://www.ssmhealth.com/volunteer).

**FIAT Women’s Group**

**Morning of Recollection**

Join the Group for a **Morning of Recollection**, Thurs., Aug. 15, the Solemnity of the Assumption of the Blessed Virgin Mary. The morning will be led by Fr. Paul Hoesing, Dean of Seminarians; Director of Human Formation and Formation Advisor at Kenrick-Glennon Seminary. This is an extended version of the monthly Fiat series. The morning will include spiritual talks, confession, adoration & the Holy Mass. Say “yes” to spending special time in prayer with Mary on this Holy Day! The event will begin at 8 a.m. & end at noon, Kenrick-Glennon Seminary, 5200 Glennon Dr., St. Louis, 63119. This event is free & open to the public. See [https://kenrick.edu/fiat/](https://kenrick.edu/fiat/) for info.

**Young Catholic Musicians**

The Young Catholic Musicians, an orchestra and choir of young people ages 10-17, will be holding auditions during June and July. These young people lead music for Mass once a month at different churches in the Archdiocese and perform a Christmas and Spring concert. For more info, [www.archstl.org/musicians](http://www.archstl.org/musicians). Contact Fr. Bruce Forman, 231-7464, for info or to schedule an audition.

**Book Fair**

Sponsored by the Women’s Guild of Our Lady of Sorrows Church (Kingshighway & Rhodes)

We have thousands of books just waiting to be purchased and enjoyed. There are books to please everyone from pre-birth to their final days and beyond. They’ll tell you how to catch food, cook it, eat it and then diet to take it off! Books for kids, teens, Historians, arm-chair detectives, romance seekers, puzzles & videos, tapes, DVDs - just non-ending categories! The prices are outstanding ($.75 for hard-backs, $.25 for paperbacks and little kids books 5 for $1.00).!! Located in Faenger Hall (on Rhodes, right behind the church and school)

- July 27 8 a.m.-6 p.m.
- July 28 9 a.m.-1 p.m.
- July 29 to Aug 2 5:30 p.m.-8 p.m.
- Aug 3 8 am.-1 p.m.

Questions: Linda, 752-4660. Don’t miss this spectacular event where you can buy plenty of books for the family and STILL be able to afford to go out for dinner!

**Marygrove’s Back to School Trivia Night – Saturday, August 24**

Hosted by Marygrove’s Young Professionals Board, Kirkwood Community Center (111 S. Geyer Rd, Kirkwood 63122). The evening will feature a silent auction, 50/50 raffle, Barrel of Booze raffle, & prizes will be awarded to the best decorated table. Proceeds will help Marygrove enrich the lives of over 1,100 young people every year who have faced abuse, neglect or other trauma. Doors open, 6pm; Trivia begins, 7pm. Beer provided, you may bring your own food & drinks. Cost: $200/table of 8. To reserve your table or learn about sponsorships, visit [https://marygrovechildren.org/events/trivia-night/](https://marygrovechildren.org/events/trivia-night/) or Gabby Ballard, 584-6124, gballard@mgstl.org.

**3rd Annual Caregivers Conference**

**Tuesday, August 27, 9:30 AM – 2:30 PM**

Christian Hospital, Paul F. Detrick Building Atrium, 11133 Dunn Rd, St. Louis, 63136

Providing support & resources to those who assist with... transportation, shopping, personal needs, meal prep, housekeeping, paperwork, medication, companionship, safety supervision

Keynote Speaker - Marc Silver & wife, Marcia Closing Speaker - Breeda Miller healing touch/aroma touch demo, music therapy, exhibitors and much more!

$10/caregiver/attendee includes registration, lunch & complimentary valet parking! For more info or sponsorship opportunities contact [www.christianhospital.org/caregivers](http://www.christianhospital.org/caregivers) or 314-653-5162

A portion of the proceeds from this event will support a healing garden at Christian Hospital.
**16th Sunday of Ordinary Time**

In this Sunday’s Gospel reading, Jesus speaks to us about our anxieties and worries. They distract us. They're harmful to us if we let them control our lives, because they take our eyes off our Lord and focus us on what's going wrong and how it might get worse.

Mary chose the “better part”; she didn't let anything distract her from being a disciple learning avidly from Jesus. When we make the time to put aside the busyness of life to sit quietly and learn from Jesus, we discover reasons why our worries aren't really so worrisome.

Only as we sit quietly at the feet of Jesus do we find hope that overcomes despair, peace that conquers anxiety, and wisdom that gets us through trials. Even the littlest worry, such as Martha's concern that her kitchen chores wouldn't get done, is a sin when it takes our eyes off of Jesus. Nothing that distracts us from Jesus is ever good for us.

Anxieties and worries are varying degrees of fear. We're afraid that something bad is going to happen. Even when there's a legitimate reason to worry, fear blocks our view of Jesus, because it turns us away from him.

We need to recognize fear as a warning flag that's telling us to slow down, quiet down, and sit down with Jesus for a good discussion on whatever it is that's bothering us. He's got the answers, the encouragement, and the affirmation that will bring us peace.

**Reflect & Discuss:**

1. What has been worrying you lately? What are you anxious about? What are you fearing might happen? Write them on a list and take them to Jesus in a quiet prayer time.

2. What lessons is Jesus trying to teach you in those situations? Ask the Holy Spirit to help you learn from Jesus. Search the Bible for additional inspiration.

3. What are some of the ways we can slow down our lives and improve our prayer times?

4. Tell the story of an experience you had when quiet prayer relieved an anxiety or solved a problem.

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